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| ***Welcome and Opening*** | **9.00- 10.00** | *Coffee & Tea* | | |
| **10.00 – 10.05** | **Welcome and course introduction** | **ZBI Staff** | Zimmer Biomet Institute welcome and course introduction |
| **10.05 - 10.15** | **Opening** | **Dr. S. Vehmeijer** | General introduction, rules of engagement, mentimeter/ kahoot (voting system) ? |
| ***Why is your patient in hospital today?*** | **10.20- 11.20** | **Rapid Recovery fundamentals; what is the evidence?** | **Prof. H. Kehlet** | Key lecture: Until we achieve the pain- and risk free joint replacement; there is enough reason to improve |
| **11.20- 11.40** | **The future perspective** | **Dr. S. Vehmeijer** | Moving towards one day surgery, digitalization, online monitoring and feedback, Introducing new traditions? How to establish change; we’ve come a long way in 20 years, what will the next decade look like.. |
| **11.40- 12.20** | ***Panel discussion*** | **All** | Lack of evidence, is it safe, what about the risks, data (how to collect and use data) Voting system? |
|  | **12.20- 13.20** | *Lunchbreak* | | |
| ***Why would a patient stay in hospital tomorrow?*** | **13.20- 13.40** | **Anesthesia and analgesia; same day prosthesis and the learning curve** | **Dr R. van Beek** | Limiting factors for same day discharg: Orthostatisc intolerance, wound management, HB levels, Pain (non-responders) Gabapentine, Spinal vs General |
| **13.40- 14.00** | **One day hip surgery** | **Dr. S. Vehmeijer** | *Resistance of 20 years ago vs what is limiting us to discharge on the day of surgery? What about re-imbursement of health care, and health insurance?* |
| **14.00- 14.20** | **One day knee surgery** | **Dr. R. van Geenen** | *Wound management (leaking wounds)*  *patient selection, discharge criteria, mobilizing on day one (with or without ft), LIA* |
| **14.20-14.40** | **Restrictions and precautions after surgery** | **Dr. W. van der Weegen** | Pillows, flexion, degrees of bending, etc. (cornuit et al publication) |
| **14.40-15.25** | **3x Case Reports** | ***To be confirmed*** | 3x15 min presentations on case reports from NL hospitals; what did we do and why, with what results. |
|  | **15.25-15.50** | *Break* | | |
| ***Are we there yet?*** | **15.50- 16.10** | **Change management** | **Dr R. van Beek** | PDCA and continuous improvement; who drives change and who takes the lead? Should it always be the surgeon? |
| **16.10-16.30** | **How to stay connected to your patient** | **Dr. R. van Geenen** | How to prepare the patient pre-op, expectation management, how to keep in touch post op |
| **16.30-16.50** | **Can data change orthopedics?** | **Dr. W. van der Weegen** | Data as input for continuous improvement, is it safe? |
| **16.50-17.00** | **Course Evaluation** | **ZBI Staff** |  |
| **17.00-17.15** | **Course closure** | **Dr. S. Vehmeijer** |  |
|  | **17.15** | *Dinner & drinks* | | |